

Year 10 Curriculum Grid

CNAT Sports Studies

| Term                            | Unit of work   | Intent  |
|---------------------------------|--|---|
| Autumn: Learning Outcome 1/ LO1 | Understand the issues which affect participation in sport  | Different user groups who may participate in sport  |
|                                 |  | The possible barriers which affect participation in sport   |
|                                 |  | The solutions to barriers which affect participation in sport   |
|                                 |  | The factors which can impact upon the popularity of sport in the UK   |
| Winter: Learning Outcome 2/ LO2 | Know about the role of sport in promoting values           | Values which can be promoted through sport (7). Team spirit, Fair play, Citizenship, Tolerance and respect, Inclusion, National Pride and excellent |
|                                 |  | The Olympic and Paralympic movements  |
|                                 |  | Other initiatives and events which promote values   |
|                                 |  | The importance of etiquette and sport behaviour of both performers and spectators   |
|                                 |  | The use of performance enhancing drugs (PEDs)   |
| Winter: Learning Outcome 3/ LO3 | Understand the importance of hosting major sporting events | Introduction to Major Sporting Events   |
|                                 |  | Examples of Major Sporting Events; one-off, regular, and regular and recurring  |
|                                 |  | Media influences of Major Sporting Events   |
|                                 |  | Legacies of Major Sporting Events- sporting, social and economic  |

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|                                 |   | Positive benefits of hosting a Major Sporting Event |
|                                 |   | Drawbacks of hosting a Major Sporting Event         |
| Spring: Learning Outcome 4/ LO4 | Know about the role of National Governing Bodies          | What is a National Governing Body (examples of)     |
|                                 |   | NGB Aim 1-Promotion                                 |
|                                 |   | NGB Aim 2-Development                               |
|                                 |   | NGB Aim 3-Infrastructure                            |
|                                 |   | NGB Aim 4- Policies and initiatives                 |
|                                 |   | NGB Aim 5-Funding                                   |
|                                 |   | NGB Aim 6-Support                                   |
| Summer                          | Revision in preparation for summer assessment in May/June | Recapping topics                                    |