

PE Curricular/Extra Curricular Enrichment Programme 2023-24

The curricular enrichment programme at All Hallows Catholic College is designed to complement the academic curriculum, ignite a spark, encourage students to try something new and extend their aspirations and interests beyond the classroom. These opportunities help form students spiritually, socially and emotionally so they can grow in maturity and self-confidence.

Termly Activities	Activity	Target Group	Student Development
Term 1 Sep-Oct	Fixtures: Rugby, Football, Netball, Basketball, Cross Country	All year groups	<ul style="list-style-type: none"> • Representation of school • Teamwork • Communication • Skill building in sport and competition • Leadership
Term 2 Oct-Dec	Fixtures: Rugby, Football, Netball, Basketball, Cross Country, National Netball tournament 'Elf run' Charity event	All year groups Y10 Y7 & 8	<ul style="list-style-type: none"> • Representation of school • Teamwork • Communication • Skill building in sport and competition • Leadership
Term 3 Jan-Feb	Fixtures: Indoor Athletics, Football, Basketball, Rugby 5-a-side football GCSE PE climbing trip (residential weekend) to 'High Adventure'	All year groups	<ul style="list-style-type: none"> • Representation of school • Teamwork • Communication • Skill building in sport and competition • Leadership
Term 4 Feb-Easter	Fixtures: Rugby, Football, Netball, Basketball, Cross Country,	All year groups	<ul style="list-style-type: none"> • Representation of school • Teamwork • Communication • Skill building in sport and competition • Leadership
Term 5 Easter-May	Fixtures: Athletics, Cricket, Rounders, Tennis, Lacrosse	All year groups	<ul style="list-style-type: none"> • Representation of school • Teamwork • Communication • Skill building in sport and competition • Leadership

Term 6 May-Summer	Fixtures: Athletics, Cricket, Rounders, Tennis, Lacrosse, Quadkids	All year groups	<ul style="list-style-type: none">• Representation of school• Teamwork• Communication• Skill building in sport and competition• Leadership
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