

All Hallows Catholic College

A Voluntary Academy

Aspire not to have more but to be more

Brooklands Avenue, Macclesfield, Cheshire SK11 8LB | Telephone: 01625 426138 | admin@allhallows.org.uk | www.allhallows.org.uk

Principal - Mr T Beesley

04 June 2024

Silver and Gold Qualification Expeditions July 2024

Dear Parent/Carer,

The Silver award will take place over 3 days and 2 nights, the Gold award will take place over 4 days and 3 nights. We are going to complete the practice in the High Peak area.

The dates for the qualification expeditions are Friday 5th July – 7th July 2024 for Silver and Thursday 4th – 7th July 2024 for Gold.

Drop off and Collection

Gold, Thursday 4th July - We will meet at Sett Valley Car park, Hayfield, High Peak SK22 2JG

<https://goo.gl/maps/qAG6nvhQqXrtDiYd8> at 10:00am

The car park is quite small, please do your best to encourage car sharing, and once parents/carers have dropped off the participants and they have signed in, every effort should be made to make space in the car park for others.

Silver, Friday 5th July - We will meet at 10:00am Edale train station, Edale, Hope Valley S33 7ZA

<https://maps.app.goo.gl/7GLwEaN2HouPGSwp6> what three words - ///basically.whistling.cute

The car park is quite small, please do your best to encourage car sharing, and once parents/carers have dropped off the participants and they have signed in, every effort should be made to make space in the car park for others.

We will split the participants in to their pre-made groups and start their expedition which will begin at 10:00. The first day will consist of walking approximately 10-15km to the campsite. During the days, the groups will be assessed on the 20 conditions as set out by the Duke of Edinburgh's Award.

Each day includes travelling time of around 7-8 hours per day, though the final day is slightly shorter to allow participants to return home at an earlier time, we aim to finish with both groups around **14:00 on Sunday 7th July** at Hayfield Sett Valley Car park, Hayfield, High Peak SK22 2JG <https://goo.gl/maps/qAG6nvhQqXrtDiYd8>

| | Silver Itinerary | Gold Itinerary |
|--------------------------|--|--|
| Thu 4 th July | | Sett Valley Car park, Hayfield, High Peak SK22 2JG https://goo.gl/maps/qAG6nvhQqXrtDiYd8 to Newfold Farm, Grindsbrook Booth, Edale S33 7ZD https://goo.gl/maps/HedXo9RXv2MVmm6A7 |
| Fri 5 th July | Hardhurst Farm Camping & Caravan Site, Parsons Ln, Hope Valley S33 6RB | Hardhurst Farm Camping & Caravan Site, Parsons Ln, Hope Valley S33 6RB |
| Sat 6 th July | Rowter Farm, Castleton, Hope Valley S33 https://goo.gl/maps/vjoPEXyUNQ6S9eWK8 | Rowter Farm, Castleton, Hope Valley S33 https://goo.gl/maps/vjoPEXyUNQ6S9eWK8 |
| Sun 7 th July | Finish Back at Hayfield Sett Valley Car park, Hayfield, High Peak SK22 2JG https://goo.gl/maps/qAG6nvhQqXrtDiYd8 Please don't use the postcode as it covers a wide area. Use the google link which will load the correct location. | Finish Back at Hayfield Sett Valley Car park, Hayfield, High Peak SK22 2JG https://goo.gl/maps/qAG6nvhQqXrtDiYd8 Please don't use the postcode as it covers a wide area. Use the google link which will load the correct location. |



Honourable Purpose

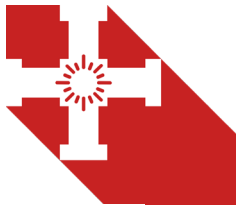
Respect

Compassion

Co-operation

Stewardship

All Hallows Catholic College is a member of The Holy Family of Nazareth Catholic Academy Trust, registered in England and Wales with company number 8307881 whose registered office is Brooklands Avenue, Macclesfield, Cheshire, SK11 8LB



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Emergency contact info

Closer to the expedition I will email and text out a link for an online Consent form for you to complete if not already done.

Packing and equipment

Please encourage your child to engage in their packing using the example kit list at the end of the letter.

Food

Students are provided with a camping Trangia that they will be using to cook all their food everything they bring that requires heating must be capable of being boiled. The DofE website sells camping food at a price less than that of RRP.

Students are encouraged to bring food that is high energy, not perishable and not heavy/bulky. They are also advised to bring a 2L bottle of water or a few regular bottles of water. There will be water provided to them during the trip to refill their bottles.

Clothes

- Walking boots or strong trainers
- Lots of thick socks
- Light wear trousers/tracksuit bottoms/leggings/waterproofs (no jeans)
- Weather appropriate hats, t-shirts and jumpers
- NO VESTS – Rucksacks will rub against shoulders
- Coat (waterproof)
- Underwear
- Bin bag to store wet clothes in
- Hygiene products: any girls concerned about the use of sanitary products are encouraged to discuss this with Mr Barron or Mrs Day to ease worries.

Medicine

Any Medicine outlined in the Form C must be taken and brought in labelled packaging. Any high priority medicine (i.e. inhalers, insulin or adrenaline shots) which **must be packed at the top of the rucksack or in an easy to access pocket.** Students are allowed to bring painkillers, anti-histamines, blister plasters.

Equipment

Please ensure that students are fully prepared for the weather conditions expected over the duration of the expedition. Students will need to be self-sufficient in their food, water, clothing, medication, first aid kit, washing up equipment etc. Resources can be found on the DofE website for further information. We also recommend students bring a small amount of money with them for use at shops on the way back, and showers etc., during their expedition.

The D of E will provide:

- Tents, Trangias (cookers) and Rucksacks (rucksack are available to loan, speak to Mr Barron **in advance**)

Students must bring their own:

- Sleeping bag and Ground Mat (ground mats are available to loan, speak to Mr Barron **in advance**)

Electronics

Students are allowed to bring electronics at their own risk. Phones will have little to no signal during the walks and there will be no access to mains electricity so they must be responsible for conserving their own phone batteries. It is imperative that they have battery power to call you two hours before they are ready for collection. We are camping on a public camp site so use of speakers will be carefully controlled so that noise levels do not disturb other campers.



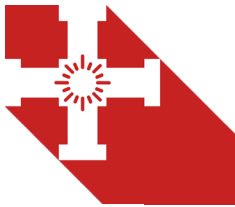
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Behaviour

The students are representing All Hallows and the college rules these will be in place throughout the course of the expedition. If anyone fails to meet the standards of behaviour that are expected, parents will be called and asked to collect their student and they will be withdrawn from the scheme.

Students are to treat the members of the D of E with the same respect and courtesy they would to a member of AHCC staff, as well as any other campers/walkers they meet whilst out on expedition. Please make sure that you are available and contactable over the duration of the expedition. It is very rare that a student must be collected, though occasionally it does happen.

There will be communal areas in the camping site for our group, students can go into their own tents, but they are not allowed in other people's tents.

We hope this letter has been helpful however if you do have any other questions, please email s.barron@allhallows.org.uk.

Kind Regards,

Mr Scott Barron



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CHESHIRE EAST
COUNCIL

DofE Kit List- What we supply

Tents | Stoves | Fuel for Stoves | Maps | Compasses | Rucksacks

You will need to bring the following:

| Item | Packed | Item | Packed |
|---|--------|--|--------|
| • 1 pair of walking boots (broken in) | | • Nightwear | |
| • 2 pairs of walking socks | | • Flip-flops/trainers/sandals etc. (optional for campsite use) | |
| • 2-3 t-shirts | | • Warm hat &/or sunhat (as appropriate) | |
| • Thermal t-shirt (optional) | | • 1 pair <u>gloves</u> | |
| • 2 fleece tops or similar | | • Waterproof over-trousers | |
| • 2 walking trousers (warm, NOT jeans) | | • Jacket/coat (waterproof & windproof) | |
| • Underwear | | • 1 pair <u>gaiters</u> (optional) | |
| • Sleeping bag appropriate for the time of year | | • Sleeping mat | |
| • Waterproof compression stuff sack (5/10/15 litre) | | • Whistle | |
| • Head torch and spare batteries | | • Personal first aid kit | |
| • Expedition food (including emergency rations) | | • Water bottle 2 litres minimum | |
| • Knife, fork, <u>spoon</u> or Spork | | • Plate/bowl | |
| • Mug | | • Box of matches (in waterproof container) | |
| • Wash kit/personal hygiene items | | • Small quantity of money (optional) | |
| • Notebook and pen/pencil | | • Watch | |
| • Sunblock (if appropriate) | | • Insect repellent | |
| • Sunglasses | | • Any personal medication | |

When packing your rucksack make sure you pack it yourself, so you know where everything is. Remember in your group you will have to share a tent and stoves, so leave room in your bags to put these in. Don't over pack, leave the kitchen sink at home and you'll have a far better expedition!



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