

All Hallows Catholic College

A Voluntary Academy | National Teaching School

Aspire not to have more but to be more

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Principal - Mr T Beesley

15th October 2020

TO PARENTS & CARERS OF YEAR 9 - Advice to Self-Isolate (Year 9)

Dear Parent or Carer,

This afternoon we received advice from Public Health England that the whole of the Year 9 Bubble should self-isolate, with immediate effect, until further notice. As you know, we contacted parents and carers of Year 9, to inform you that we would be sending home any student who usually walks to College, if they could get into their home safely. All other students in the Year group would be safely supervised until a lift home could be arranged. I would like to thank all of you who came to pick up your child, at such short notice. Your support and understanding are very much appreciated.

We will be in touch again shortly, with further information, and in the days ahead we may be able to start asking some Year 9 students back into College. In the meantime, and in line with the national guidance available below, your Year 9 child must now stay at home and self-isolate until further notice. We are asking them to do this to reduce the further spread of COVID-19 to others in the community. There is no need for any other member of the household to self-isolate, and they can continue normal activities provided they do not develop symptoms of COVID-19 themselves.

Please see the link to the PHE Staying at Home Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Remote Learning

Whilst the whole Year group is self-isolating, students should follow their normal school timetable, and teachers will communicate with them through SMHW. As previously, during partial closure of College, lessons will be delivered through a combination of TEAMS, LOOM, Oak Academy, Seneca, etc. **Students should check SMHW at the start of each day, to check for instructions.**

What to do if you develop symptoms of COVID 19

If you develop symptoms of COVID-19, you should remain at home for at least 10 days from the date when your symptoms appeared as advised in <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>.

You can arrange for testing for via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested>. All other household members who remain well must stay at home and not leave the house for 14 days. The 14-



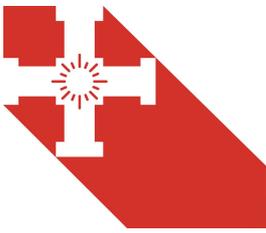
Honourable Purpose

Respect

Compassion

Co-operation

Stewardship



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day period starts from the day when the first person in the house became ill. Household members should not go to work, school, or public areas and exercise should be taken within the home. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness. If you do develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Tim Beesley
Principal



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