

All Hallows Catholic College

A Voluntary Academy | National Teaching School

Aspire not to have more but to be more

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Principal - Mr T Beesley

19th October 2020

TO PARENTS & CARERS OF YEAR 9 – Update on Positive Case (Year 9)

Dear Parent or Carer,

On Sunday we received confirmation that the suspected Covid-19 case from last Thursday was positive. The majority of Year 9 students returned to College today, but a number of families were contacted by phone on Friday afternoon, advising them of the need for their child to continue their self-isolation. As the student in question was last in College on Wednesday 14th October, those students who have been contacted should continue to self-isolate at home until **Wednesday 28th October, inclusive**. There is no need for any other member of the household to self-isolate, and they can continue normal activities provided they do not develop symptoms of COVID-19 themselves.

Please see the link to the PHE Staying at Home Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

If you have not been contacted separately, then your child does not need to self-isolate and can continue to attend College and other activities.

Remote Learning

With the rest of the Year group returning to College, all other students who are absent from College should continue to work remotely from home. For Year 9 students, we would like them to complete the daily lessons from the Oak National Academy, the Government's online classroom. Students have been shown how to access this work, but a separate email will also be sent to them tomorrow, with further instructions. There may be times when a teacher decides to set alternative work, and this will be communicated on SMHW and emailed to the student's email account.

What to do if you develop symptoms of COVID 19

If you develop symptoms of COVID-19, you should remain at home for at least 10 days from the date when your symptoms appeared as advised in <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>.

You can arrange for testing for via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested>. All other household members who remain well must stay at home and not leave the house for 14 days. The 14-



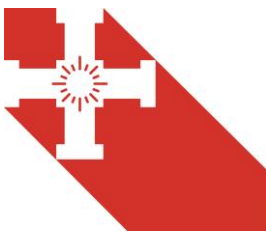
Honourable Purpose

Respect

Compassion

Co-operation

Stewardship



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day period starts from the day when the first person in the house became ill. Household members should not go to work, school, or public areas and exercise should be taken within the home. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness. If you do develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

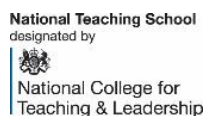
- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

God Bless

Tim Beesley
Principal



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